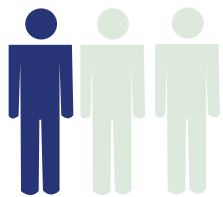


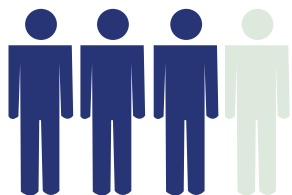
# CHILDHOOD OBESITY

DID YOU KNOW ...



## 38%

of 5<sup>th</sup>, 7<sup>th</sup> & 9<sup>th</sup> graders in California are **overweight** or **obese**<sup>1</sup>



## 75%

of overweight teens are likely to be **obese as adults**.<sup>2</sup>



## 80%

 of children diagnosed with **type 2 diabetes** are overweight.<sup>3</sup>

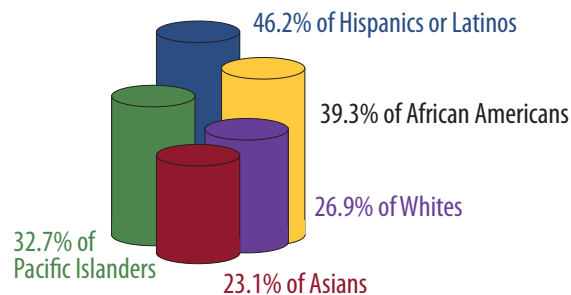
Ranks **#1** among all states in the amount it spends on the health consequences of obesity.<sup>4</sup>

LOST PRODUCTIVITY + OBESITY + OVERWEIGHT =

# \$21 B

 annual cost to California<sup>5</sup>

CHILDHOOD OBESITY AND OVERWEIGHT BY **ETHNICITY/RACE** IN CALIFORNIA, 2010<sup>1</sup>



OBESITY RATES HAVE **INCREASED CONSIDERABLY** IN THE LAST **30 YEARS**<sup>6</sup> ...

**3X** HIGHER among 12 - to 19-year-olds

**4X** HIGHER among 6 - to 11-year-olds

## why is this happening?

DIET + PHYSICAL INACTIVITY + GENETIC FACTORS + ENVIRONMENT + HEALTH CONDITIONS all play a role<sup>7</sup>

## chronic diseases associated with overweight and obesity<sup>8</sup>

HIGH BLOOD PRESSURE	SLEEP APNEA
HIGH CHOLESTEROL	RESPIRATORY PROBLEMS
TYPE 2 DIABETES	ENDOMETRIAL CANCER
CORONARY HEART DISEASE	BREAST CANCER
STROKE	PROSTATE CANCER
GALLBLADDER DISEASE	COLON CANCER
OSTEOARTHRITIS	



Because health doesn't just happen

[www.publichealthadvocacy.org](http://www.publichealthadvocacy.org)

November 2011

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