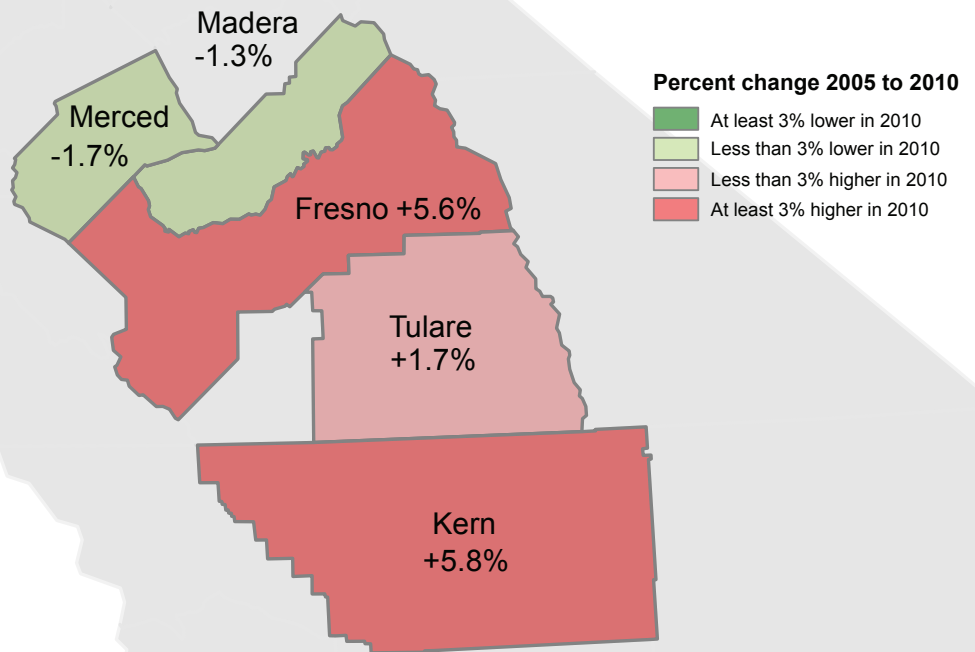


# A PATCHWORK OF PROGRESS

Changes in Overweight and Obesity Among California 5<sup>th</sup>, 7<sup>th</sup>, and 9<sup>th</sup> Graders, 2005-2010

## Childhood Overweight and Obesity — Southern Central Valley

The most recent overweight and obesity prevalence data offers hope that the childhood obesity epidemic in California may finally have peaked at rates three (among 12- to 19-year-olds) to four (among 6- to 11-year-olds) times higher than they were 30 years ago when the epidemic began. These data also showcase a patchwork of progress that leaves the majority of counties in the state still registering increases in overweight and obesity rates among California's school-age children.



COUNTY	% OVERWEIGHT OR OBESE		% CHANGE 2005-2010
	2005	2010	
Fresno	40.41%	42.68%	5.6%
Kern	41.43%	43.83%	5.8%
Madera	44.71%	44.13%	-1.3%
Merced	44.50%	43.75%	-1.7%
Tulare	43.03%	43.78%	1.7%
<b>SOUTHERN CENTRAL VALLEY</b>	<b>41.81%</b>	<b>43.44%</b>	<b>3.9%</b>
<b>CALIFORNIA</b>	<b>38.44%</b>	<b>38.00%</b>	<b>-1.1%</b>