

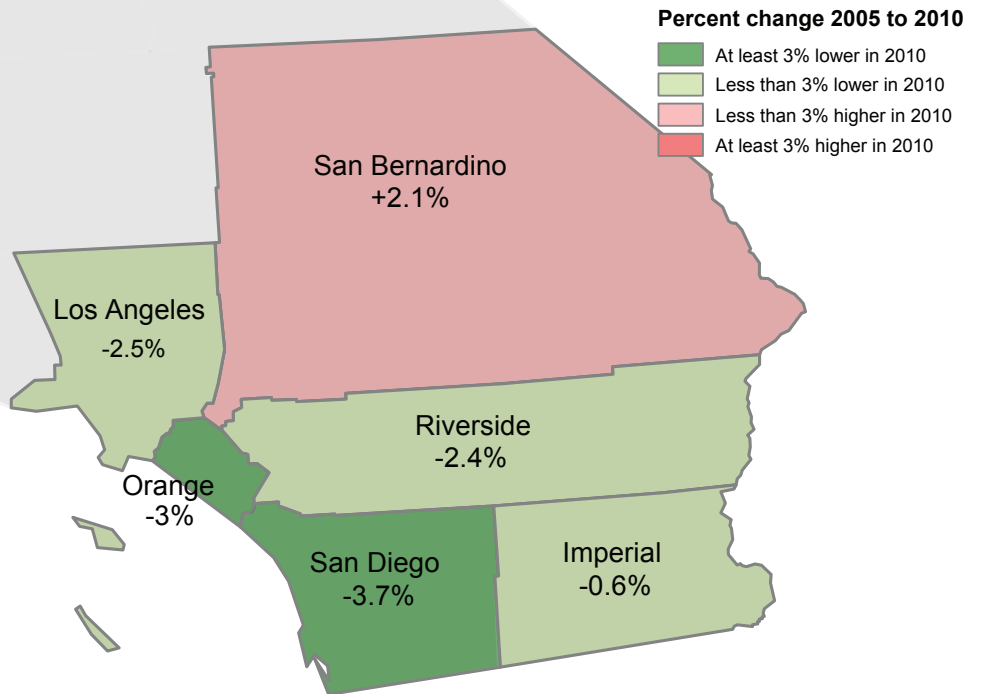


A PATCHWORK OF PROGRESS

Changes in Overweight and Obesity Among California 5th, 7th, and 9th Graders, 2005-2010

Childhood Overweight and Obesity — Southern California

The most recent overweight and obesity prevalence data offers hope that the childhood obesity epidemic in California may finally have peaked at rates three (among 12- to 19-year-olds) to four (among 6- to 11-year-olds) times higher than they were 30 years ago when the epidemic began. These data also showcase a patchwork of progress that leaves the majority of counties in the state still registering increases in overweight and obesity rates among California's school-age children.



COUNTY	% OVERWEIGHT OR OBESE		% CHANGE 2005-2010
	2005	2010	
Imperial	47.18%	46.91%	-0.6%
Los Angeles	42.62%	41.56%	-2.5%
Orange	34.32%	33.29%	-3.0%
Riverside	39.14%	38.20%	-2.4%
San Bernardino	38.44%	39.25%	2.1%
San Diego	35.83%	34.50%	-3.7%
SOUTHERN CALIFORNIA	39.88%	38.78%	-2.8%
CALIFORNIA	38.44%	38.00%	-1.1%

