

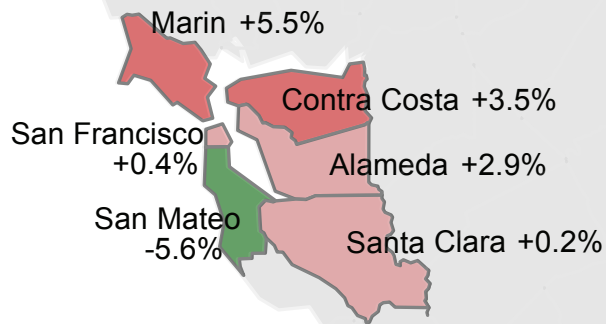


A PATCHWORK OF PROGRESS

Changes in Overweight and Obesity Among California 5th, 7th, and 9th Graders, 2005-2010

Childhood Overweight and Obesity — San Francisco Bay Area

The most recent overweight and obesity prevalence data offers hope that the childhood obesity epidemic in California may finally have peaked at rates three (among 12- to 19-year-olds) to four (among 6- to 11-year-olds) times higher than they were 30 years ago when the epidemic began. These data also showcase a patchwork of progress that leaves the majority of counties in the state still registering increases in overweight and obesity rates among California's school-age children.



Percent change 2005 to 2010

- At least 3% lower in 2010
- Less than 3% lower in 2010
- Less than 3% higher in 2010
- At least 3% higher in 2010

COUNTY	% OVERWEIGHT OR OBESE		% CHANGE 2005-2010
	2005	2010	
Alameda	33.51%	34.48%	2.9%
Contra Costa	32.69%	33.85%	3.5%
Marin	23.61%	24.90%	5.5%
San Francisco	32.04%	32.16%	0.4%
San Mateo	36.11%	34.07%	-5.6%
Santa Clara	32.83%	32.88%	0.2%
SAN FRANCISCO BAY AREA	33.09%	33.28%	0.6%
CALIFORNIA	38.44%	38.00%	-1.1%

