

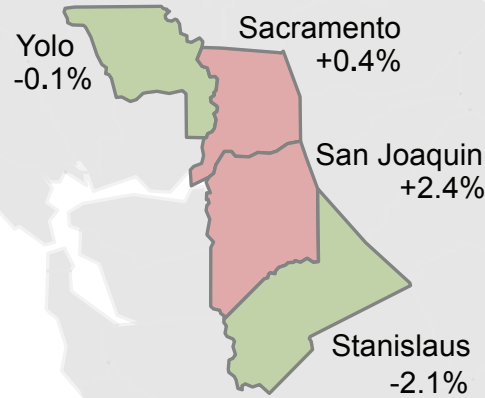


A PATCHWORK OF PROGRESS

Changes in Overweight and Obesity Among California 5th, 7th, and 9th Graders, 2005-2010

Childhood Overweight and Obesity — Northern Central Valley

The most recent overweight and obesity prevalence data offers hope that the childhood obesity epidemic in California may finally have peaked at rates three (among 12- to 19-year-olds) to four (among 6- to 11-year-olds) times higher than they were 30 years ago when the epidemic began. These data also showcase a patchwork of progress that leaves the majority of counties in the state still registering increases in overweight and obesity rates among California's school-age children.



Percent change 2005 to 2010

- At least 3% lower in 2010
- Less than 3% lower in 2010
- Less than 3% higher in 2010
- At least 3% higher in 2010

COUNTY	% OVERWEIGHT OR OBESE		% CHANGE 2005-2010
	2005	2010	
Sacramento	35.96%	36.09%	0.4%
San Joaquin	39.29%	40.22%	2.4%
Stanislaus	41.60%	40.71%	-2.1%
Yolo	36.92%	36.89%	-0.1%
NORTHERN CENTRAL VALLEY	38.10%	38.25%	0.4%
CALIFORNIA	38.44%	38.00%	-1.1%

