

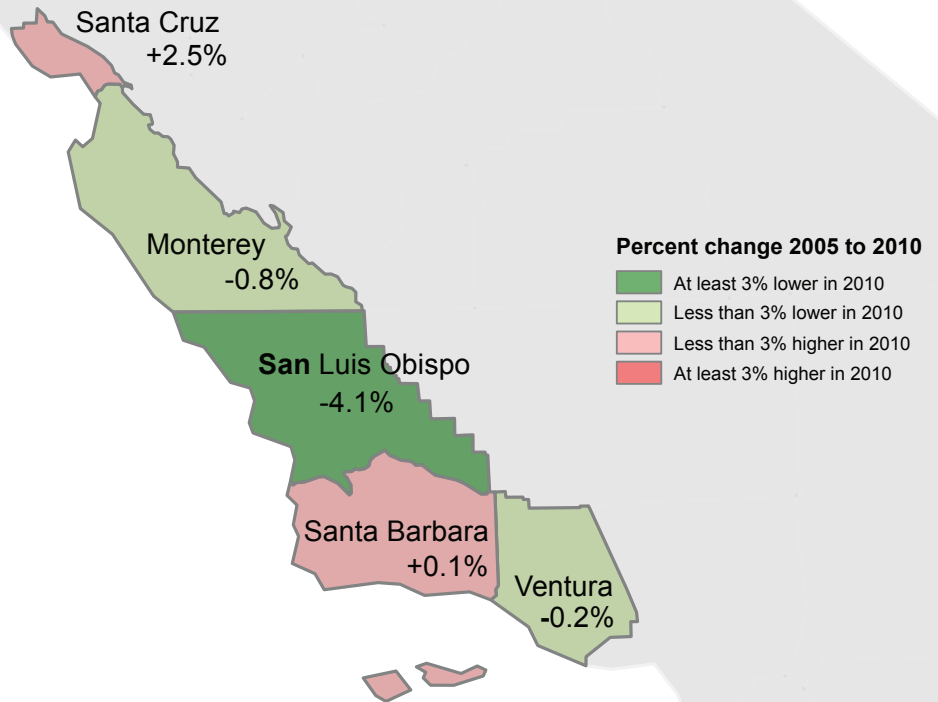


A PATCHWORK OF PROGRESS

Changes in Overweight and Obesity Among California 5th, 7th, and 9th Graders, 2005-2010

Childhood Overweight and Obesity — Central Coast

The most recent overweight and obesity prevalence data offers hope that the childhood obesity epidemic in California may finally have peaked at rates three (among 12- to 19-year-olds) to four (among 6- to 11-year-olds) times higher than they were 30 years ago when the epidemic began. These data also showcase a patchwork of progress that leaves the majority of counties in the state still registering increases in overweight and obesity rates among California's school-age children.



COUNTY	% OVERWEIGHT OR OBESE		% CHANGE 2005-2010
	2005	2010	
Monterey	44.94%	44.59%	-0.8%
San Luis Obispo	33.53%	32.15%	-4.1%
Santa Barbara	36.71%	36.76%	0.1%
Santa Cruz	36.93%	37.85%	2.5%
Ventura	35.91%	35.85%	-0.2%
CENTRAL COAST	37.75%	37.40%	-0.9%
CALIFORNIA	38.44%	38.00%	-1.1%

