



# Healthy Food, Healthy Communities: Making It Happen in California



## Educational Tools for Promoting Nutrition Systems and Environmental Change within Nutrition Education: Publication Overview

The California Center for Public Health Advocacy (CCPHA) developed *Healthy Food, Healthy Communities: Making It Happen in California*, a set of five fact sheets, for Regional Nutrition Network collaboratives, collaborative members, Local Initiative Awardees (LIAs) and other partners. The fact sheets can be used by Food Stamp Nutrition Education (FSNE) providers as they conduct direct nutrition education projects and other work designed to empower FSNE-eligible community residents to promote changes in nutrition environments throughout California.

Some of the fact sheets are designed for FSNE-eligible community residents and other fact sheets are designed for use by FSNE project organizers in their work to empower community residents.

The five fact sheets include:

- *Promotional Messages and Concepts about Nutrition Systems and Environmental Change* (instructional tool for nutrition education providers)
- *Making Healthy Food Choices in My Neighborhood* (nutrition education fact sheet for FSNE-eligible community residents)
- *How Healthy is Your Neighborhood's Food Environment?* (nutrition education tool for FSNE-eligible community residents)
- *Who Decides If I Can Make Healthy Food Choices in My Neighborhood?* (instructional tool for nutrition education providers; also could be adapted as a nutrition education fact sheet for FSNE-eligible community residents)
- *Strategies to Improve Access to Healthy Food: Action for Change* (for collaborative members, LIA's and partners; also could be adapted as a fact sheet for community residents)

Regional Nutrition Network Collaboratives, Collaborative members, LIAs and other partners can use any portion of these facts sheets and or can adapt the fact sheets in anyway useful to their work.

Copies of the fact sheets are available on California Center for Public Health Advocacy's web site at: [www.publichealthadvocacy.org/community\\_organizing](http://www.publichealthadvocacy.org/community_organizing).

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California Center for Public Health Advocacy, P.O. Box 2309 Davis, CA 95617, 530 297-6000, [www.publichealthadvocacy.org](http://www.publichealthadvocacy.org).